**SANDERSON HIGH SCHOOL “SPARTAN SPRINT” @ SANDERSON HIGH, GREGSON STADIUM**

**Saturday November 10, 2018 Registration check-in @ 11:30 am Race starts 12:00 pm**

**RAIN OR SHINE**

**Entry Form: Forms should be turned in to Room 221 or mailed to Sanderson High School**

**Attn: Stephanie Rhodes**

**5500 Dixon Drive**

**Raleigh, North Carolina 27609**

Payment: Two ways to pay!

Pay Online: <http://www.foodbankcenc.org/goto/SHS2018>. Print your receipt and attach it to your registration form

Pay by check: Make Checks Payable to: **Food Bank of Central and Eastern North Carolina**

**Cost: $25.00 OR REGISTER WITH A FRIEND THROUGH 11/6/18 and each runner receives $5 off! 2 for $40!!!**

**Race day registration also available.**

**Information:**

Last Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_First Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_MI \_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State\_\_\_\_\_\_\_\_\_ Zip\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone Number ( ) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-Mail Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age on Race Day \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date of Birth \_\_\_\_\_\_/\_\_\_\_\_/ \_\_\_\_\_\_\_\_\_

Sex: Male \_\_\_\_ Female \_\_\_\_

T-Shirt Size Adult Sm \_\_\_\_ M \_\_\_\_ L \_\_\_\_ XL \_\_\_\_

*Does not guarantee a shirt in your size-FIRST 100 runners are guaranteed a shirt*

**Sanderson High School “Spartan Sprint” Obstacle Run @ Sanderson Waiver:**

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to:

falls, contact with other participants, the effects of the weather, traffic and the conditions of the road and park, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry to participate in the Sanderson High School 5K Spartan Sprint @ Sanderson High (herein after the “Event”) to be held on November 10, 2018 @ Sanderson in Raleigh, North Carolina, I, intending to be legally bound, do hereby for myself, my heirs, my executors and administrators agree as follows:

**1.** I do waive and forever release any and all rights and claims for any damages and liabilities of any kind

arising out of my participation in the Event against all persons, entities and agencies involved with promoting and holding the Event, including but not limited to **Sanderson High School, all of the subsidiary corporations of Sanderson High School, Wake County Public Schools, the City Of Raleigh, all sponsors, volunteers and vendors of the event, their agents, successors, representatives and assigns even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.**

**2.** I assume the risk of all bodily injuries, including death, resulting there from, and personal injuries to me and damage to and loss of my property, including loss of use thereof and any other indirect or consequential damages, resulting directly or indirectly, wholly or in part, from my participation in the Event and while traveling to and from the Event.

**3.** I hereby agree, for myself and/or for a minor under the age of eighteen for whom I am signing, to indemnify, defend, and hold the entities named above harmless from and against any and all claims, liabilities, losses and damages, costs, expenses (including attorney’s fees) judgments and penalties arising out of any of my, and or said minors, acts or omissions to act:

**4.** I understand that the Event reserves the right to use any and all participant’s names and/or likeness with regard to promotional and/or advertising materials.

**5.** I understand that all entry fees are non-refundable. This is a **RAIN OR SHINE** event. It will not be rescheduled.

Participant\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_

Parent of Participant under the age of 18 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_

NOTE: Separate entry forms and signed waivers must be completed for each participant.